Riley County Resource Guide

Adult Learning Center, MATC

3136 Dickens Avenue, Manhattan KS 66503

Hours: 9:00 am - 5:00 pm Monda

9:00 am - 5:00 pm Monday - Thursday

8:00 am - 12:00 pm (noon) Friday

Phone: 785-320-4585

Web: www.ManhattanTech.edu Email: alc@manhattantech.edu

Fees: Varies on enrollment. Please call for details. Grant-funded program provides guided pathways to College and University education, as well as the workforce and/or citizenship skills. GED test preparation, adult secondary education, workplace and employment skills, English as a second language, citizenship, and literacy tutoring. Must be 18 or older. Class times vary. Please call or stop by the campus for enrollment information. Classes start every month.

American Red Cross

Phone: 785-537-2180 (rings to Topeka) Web: www.redcross.org/ks/topeka

Fees: Fees vary on each class. Visit the website for more information on each class, fees, and materials. The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors. Provides services in disaster preparedness/response/recovery, blood collections, Service to the Armed Forces, workplace CPR/First aid training, and international services.

Area Agency on Aging, North Central - Flint Hills

401 Houston Street, Manhattan KS 66502

Hours: 8:00 am - 5:00 pm Monday - Friday Phone: 785-776-9294 or 1-800-432-2703

Web: www.ncfhaaa.com
Email: ncfhaaa@ncfhaaa.com

Fees: None

Provides information and assistance, as well as housing information, to adults 60 years and older, or spouse of someone age 60 years and older, and a resident of the 18-county area.

ATA Bus

5815 Marlatt Avenue, Manhattan KS 66503

Hours: 7:00 am - 5:00 pm Monday - Friday Phone: 785-537-6345 or 1-877-551-6345

Web: www.flinthillsatabus.com

Fees: Varies for in the city or outside of city.

Provides general public transportation services to all residents of Manhattan, Junction City, Ft Riley, Geary County, Riley County, and part of Pottawatomie County.

Boys & Girls Club of Manhattan

220 S Fifth Street, Manhattan KS 66502

Hours: 8:30 am - 5: 30 pm Phone: 785-539-1947

Web: www.bgclubmanhattan.com Email: admin@bgclubmanhattan.com

Fees: \$30.00 annual membership fee. \$100.00 semester fee.

Scholarships available to qualifying families.

Provides caring, adult professionals and a safe place for youth to learn and grow where hope and opportunity is provided through life-enhancing programs and character development experiences. Before and after school, during the summer months, and on Friday nights, the staff engages member's in fun and educational activities that help develop a sound moral compass and influence their ability to succeed in life.

Catholic Charities of Northern Kansas

212 S 4th Street, Suite 120, Manhattan, KS 66502 Hours: 8:00 am - 5:00 pm Monday-Thursday

8:00 am - 2:30 pm Friday

Phone: 785-323-0644
Web: www.ccnks.org
Email: givey@ccnks.org

A faith based social service provider who offers basic personal hygiene items, provides pregnancy maintenance and adoption services, counseling services to individuals, families, & couples. They have a program that may be able to assist individuals caught in a payday or title loan. They have emergency financial assistance for rent, utilities, or prescriptions. They cover Clay, Dickinson, Geary, Jewell, Republic, Riley, & Washington Counties.

Community Food Basket, Serving Northern Riley County

115 S Broadway, enter at back of building

Riley KS 66531

Hours: 10:00 am - 12:00 pm (noon) Saturday

Phone: 785-485-2697

Provides emergency food for families in need.

Crisis Center Inc.

PO Box 1526, Manhattan KS 66505

Hours: 24 hours per day

Phone: Crisis Numbers: 785-539-2785 (local)

Hotline: 1-800-727-2785, 24 hours

Administration: 785-539-7935

Fees: Services are free and confidential for Clay, Geary,

Marshall, Pottawatomie, Riley Counties & Ft Riley.

Provides confidential, round the clock services to victims of sexual or domestic violence. Services include crisis intervention, supportive counseling, advocacy, and safe shelter.

Department for Children and Families

2709 Amherst Avenue, Manhattan KS 66502

8:00 am - 5:00 pm Monday - Friday Hours: Phone: 785-776-4011 Manhattan

785-762-5445 Junction City

Web: www.dcf.ks.gov

Provides Food Stamps, applications for KanCare Medicaid for families and elderly/disabled individuals, child care assistance, cash assistance and additional non-agency information. Vocational Rehabilitation to help disabled adults to find employment. Adult and children protective services.

Encore Shop

611 Poyntz Avenue, Manhattan KS 66502

1:00 pm - 4:00 pm Monday - Saturday Hours:

785-776-7866 Phone:

Provides low price clothing, household items, books, and toys for the community.

Fairy Godmothers Fund

Web: www.fgfund.org

Provides flexible accessible monies to improve the health and well being of area women 18 years of age and older. Maximum grant amount is \$800. The recipients are asked to help someone else in the future through a pay-itforward principle. Request grant money from one of these agencies:

> NC Flint Hills Area Agency on Aging, 785-776-9294 Boys and Girls Club, 785-539-1947 Flint Hills Community Clinic, 785-323-4351 Homecare and Hospice, 785-537-0688 Manhattan Emergency Shelter, 785-537-3113 Salvation Army, 785-539-9399 Shepherd's Crossing, 785-776-1470

Flint Hills Breadbasket

905 Yuma Street, Manhattan KS 66502

Hours: Food Assistance Hours

Monday - Friday

9:00 am - 11:00 am Or call to make an appointment only if you work during those

hours.

Volunteers and Donations Hours

Monday - Friday

8:00 am - Noon Or call to make an appointment.

Phone: 785-537-0730

Email: mkieffer@breadbasket.kscoxmail.com Facebook: www.facebook.com/flinthillsbreadbasket

Web: www.breadbasket.manhattanks.org

Provides food assistance for Manhattan residents strug-

gling to make ends meet.

Flint Hills Community Clinic

401 Houston Street, Ste C, Manhattan KS 66502

(Basement of Area Agency on Aging)

Hours: Administration Hours:

9:00 am - 5:00 pm Monday - Thursday 9:00 am - 12:00 pm (noon) Friday

Appointment Hours:

1:00 pm - 4:00 pm Tuesday - Thursday 5:30 pm - 7:30 pm Tuesday and Thursday

Phone: 785-323-4351

Email: fhccdirector@gmail.com

None, donations are accepted (eligible clients only) Fees: Provides non emergency medical services at no charge for Manhattan or Riley County residents with no health

insurance living at or below 200% poverty.

Free Meal Sites Through Common Table

First Congregational Church

700 Poyntz Avenue, Manhattan KS 66502

Hours: 6:00 pm - 7:00 pm Sunday

Phone: 785-537-7006

Vineyard Community Church (Breakfast to go)

2400 Casement Road, Manhattan KS 66502

Hours: 9:45 am - 10:30 am Sundays

Phone: 785-539-0542

Riley County Senior Center (provided by The Church of Jesus

Christ of Latter-day Saints)

301 N 4th Street, Manhattan KS 66502 Hours: 6:00 pm - 7:00 pm Monday

Phone: 785-537-4040

First Presbyterian Church

801 Leavenworth St, Manhattan KS 66502

Hours: 6:00 pm - 7:00 pm Tuesday

Presby Place (West side of church)

Phone: 785-537-0518

First United Methodist Church

612 Poyntz Avenue, Manhattan KS 66502 Hours: 6:00 pm - 7:00 pm Wednesday

6:00 pm - 7:00 pm Saturday

First Lutheran Church

930 Poyntz Avenue, Manhattan KS 66502

Hours: 6:00 pm - 7:00 pm Thursday 785-537-8532 6:00 pm - 7:00 pm Friday 785-776-5151 (provided by St. Thomas More Catholic Church)

Goodwill Store

421 E Poyntz Ave (off of 24 Highway), Manhattan KS

66502

Hours: 9:00 am - 9:00 pm Monday - Saturday

11:00 am - 6:00 pm Sunday

Donations accepted

Phone: 785-320-7850

mokangoodwill.com Web:

Provide clothing and household needs for everyone at an

affordable cost.

Harvesters Community Food Network

Manhattan:

Westview Community Church, 615 Gillespie Dr. Hours: 1st Friday every month 10:00 am - 11:00 am

Blue Valley United Methodist Church, 835 Church Ave.

Hours: 2nd Friday every month 4:30 pm - 5:30 pm

CiCo Park, Hurlburt Hall, 1710 Avery Avenue
Hours: 3rd Tuesday every month 10:00 am - 11:00 am

Salvation Army, 3rd & Leavenworth

Hours: 4th Tuesday every month 12:00 pm - 3:00 pm

Ogden:

Community Center Parking Lot, 229 Willow Street

Hours: 4th Tuesday every month 10:00 am - 11:00 am

Phone: 785-537-0351

Provides free distribution of food to individuals or families in need. Food packages delivered directly from mobile food pantry into cars. It is first come, first served.

Homecare & Hospice and The Good Shepherd Hospice House

3801 Vanesta Drive, Manhattan KS 66503

Hours: 8:00 am - 5:00 pm Office Monday - Friday

Hospice House 24 hours a day Phone: 785-537-0688 or 1-800-748-7474 Web: www.homecareandhospice.org

Email: cnolt@heandh.org

Fees: Payment is accepted by Medicaid, Medicare,

Commercial Insurance or Private Pay.

Provides a wide range of services including Home Care (bathing, dressing, meal preparation), Home Health Services (nursing care, physical, occupational and speech therapy) and Hospice services both in homes and at The Good Shepherd Hospice House.

Housing and Credit Counseling Inc.

Phone: 800-383-0217

Web: www.HousingAndCredit.org

Provides free counseling and education addressing budgeting, credit building, debt repayment, mortgage and rent delinquency, student loan payment options, homeownership opportunities and tenant and landlord rental housing issues. HCCI is approved by Housing and Urban Development (HUD) and accredited by the Council on Accreditation. HCCI is licensed and regulated in Kansas by the Office of the State Bank Commissioner (license #0000003). HCCI is a member of the National Foundation for Credit Counseling.

K-State Family Center

139 Campus Creek Complex, Manhattan, KS 66506 Hours: 8:00 am - 8:00 pm Monday - Thursday

8:00 am - 5:00 pm Friday

Phone: 785-532-6984

Web: https://www.hhs.k-state.edu/familycenter/

Email: family@ksu.edu

Fees: Sliding fee scale and no insurance accepted Providing quality mental health therapy services to the Manhattan and surrounding communities. They provide individual, couple, family and group therapy to people of all races, cultures, religious affiliation, sexual orientations, gender identities, and financial backgrounds.

Kansas Child Care Training (KCCTO)

Unger Complex, Suite 151

2323 Anderson Avenue, Manhattan KS 66502 Hours: 8:00 am - 5:00 pm Monday - Friday Phone: 785-532-7197 or 1-800-227-3578

Web: https://kccto.org Email: kccto.inc@gmail.com

Provides statewide training system for Kansas early child-hood professionals online and community based. (Initial licensing training requirements are provided online only)

Kansas Legal Services

205 S 4th Street Suite G, Manhattan KS 66502 Hours: 8:00 am - 12:00 pm, 1:00 pm - 5:00 pm

Monday - Friday Phone: 785-537-2943

Fees: Low fee court costs or expenses incurred Provides free legal assistance to low income Kansas for various general civil legal issues where housing, income and family relationships need to be protected. Persons who are victims of crime and/or abused who are at risk for losing housing, income and/or family relationships receive priority assistance. Generally there is no charge for legal services.

Katie's Way

720 Poyntz Avenue, Manhattan KS 66502 Hours: 8:00 am - 5:00 pm Monday - Friday

Phone: 785-320-7331

Web: www.katieswaymanhattan.com Email: info@katieswaymanhattan.com

Provides evidence-based assessment and treatment of behavioral and mental health conditions for children and

young adults, ages 2-26.

Konza Prairie Community Health Center

2030 Tecumseh Road Manhattan, KS 66502

Hours: 8:00 am - 5:00 pm Monday - Thursday

8:00 am - 2:00 pm Friday

Phone: 785-320-7134

Web: www.konzaprairiechc.com Email: konzaprairie@kpchc.org

Fees: Accepts all insurances and a sliding fee scale for

those based on federal poverty guidelines.

Provides affordable, and comprehensive medical, dental, and behavioral health care for all. Medical services include, wellness exams, health education, acute and chronic disease management, sexually transmitted disease treatment, family planning, HIV testing, vaccinations, and immunizations. Dental services include, exams, cleanings, extractions, x-rays, repairs, root canals, and dentures.

Konza United Way, Inc

555 Poyntz, Suite 215,

PO Box 922, Manhattan KS 66505

Phone: 785-776-3779 Web: konzaunitedway.org

Email: director@konzaunitedway.org

Provides services to Clay, Marshall, Pottawatomie, Riley,

Wabaunsee and Washington counties.

Manhattan Emergency Shelter Inc (MESI)

416 S 4th Street, Manhattan KS 66502

Hours: 8:00 am - 9:00 pm Monday - Friday (office hours)

Phone: 785-537-3113
Web: www.mesiknasas.org
Email: info@mesikansas.org

Provides three main programs to the community including emergency shelter, supportive housing, and homeless-

ness prevention.

Manhattan Housing Authority

300 N 5th Street

PO Box 1024, Manhattan KS 66505-1024

Hours: 1:00 pm - 5:00 pm Monday 8:00 am - 12:00 pm, and

1:00 pm - 5:00 pm Tuesday - Friday

Phone: 785-776-8588 Web: www.mhaks.com

Provides qualifying applicants with decent, safe, and

affordable housing.

Manhattan Workforce Center

205 S 4th Street Suite K Manhattan KS 66502

Hours: 8:00 am - 5:00 pm Monday - Friday

Phone: 785-539-5691

Email: jwirtz@heartlandworks.org

Jo.Brunner@ks.org

Web: www.kansasworks.com

Fees: None

Staff can post an employer's job opening and conduct resume searches on KANSASWORKS.com. Provides job seeker and employers information on available programs and services, training providers, career and occupational data, job listings, and veteran services.

Military OneSource

Hours: 24/7 help line Phone: 1-800-342-9647 Web: militaryonesource.mil

Fee: Free for active duty military, Guard and Reserve

Component Members, and their families.

Provides comprehensive information including but not limited to deployment, reunion, relationship, grief, spouse employment and education, parenting and child care for active duty, Guard and Reserve Component members, and their families.

Morning Star Inc

1018 Poyntz Avenue, Manhattan KS 66502 Hours: 12:00 pm - 6:00 pm Monday - Saturday Phone: 785-587-4644, Contact Richard Stitt Email: cromorningstar@sbcglobal.net

Provides mental health recovery services and programs on a walk in basis. Programs include peer run activities geared to

help connect members to others and their

community.

Ogden Friendship House of Hope

226 Riley Ave Ogden KS 66517

Hours: 1:00 pm - 6:00 pm Tuesday, Wednesday and

Thursday

1:00 pm - 4:00 pm Friday 9:00 am - Noon Saturday

Phone: 785-537-5116

Email: cathy19ofhoh@gmail.com

Provides food and emergency financial aid for Ogden residents only. Thrift store to shop in for anyone for a small

financial donation.

Pawnee Mental Health Services

2001 Claflin Road Manhattan 66502

Hours: 8:00 am - 5:00 pm Monday - Friday, with

evening hours every day except Friday

Phone: 785-587-4300 Clinic

785-587-4342 or 1-800-609-2002 After Hours

Emergency Line

Web: www.pawnee.org

Licensed mental health and licensed substance abuse center providing services in ten north central Kansas counties, including Riley County. Counseling services for adults, children, and families. Services include individual and group therapy, substance abuse programs, Batters Intervention Program, Alcohol and Drug Information classes, psychological testing, medication evaluation and management, psychosocial rehabilitation groups, Mental Health First Aid classes, Parenting Workshops, and Employee Assistance Program.

K-State Research and Extension -**Riley County**

110 Courthouse Plaza Room B220

Manhattan KS 66502

Hours: 8:00 am - 5:00 pm Monday - Friday

Phone: 785-537-6350 Email: rl@listserve.ksu.edu Web: www.riley.ksu.edu

Facebook: www.facebook.com/rileycountyextension Provides educational programs and information to the public on a wide range of topics.

Riley County Health Department

2030 Tecumseh Road, Manhattan KS 66502

Clinic Hours: 8:00 am - 4:30 pm Monday/Tues/Wed

9:00 am - 6:30 pm Thursday 8:00 am - 2:30 am Friday

Office Hours: 8:00 am - 5:00 pm Monday/Tues/Wed

8:00 am - 7:00 pm Thursday 8:00 am - 3:00 pm Friday

Phone: 785-776-4779 (Voice prompt system)

Web: www.rileycountyks.gov

Fees: Various fees, many based on income except

for child care licenses.

Services include reproductive health, childhood immunizations, travel vaccines, WIC program, Mother and Baby program, child care assistance and licensing, community health resources, and communicable disease investigations.

Salvation Army

308 Poyntz Manhattan KS 66502 (Social Services) 310 Poyntz Manhattan KS 66502 (Thrift Store)

Hours: Social Services (by appointment):

10:00 am - 1:00 pm Tuesday

10:00 am - 2:30 pm Wednesday - Thursday

1:00 pm - 2:30 pm Friday

Phone: 785-320-5396

Email: chase.stephens@usc.salvationarmy.org to set

> up appointment Thrift Store:

10:00 am - 3:00 pm Tuesday - Saturday

Phone: 785-770-3171 (Thrift Store)

Email: sandy.wyatt@usc.salvationarmy.org

Web: www.salarmymokan.org

Social Services provides emergency assistance for individuals or families in need (rent, utilities, prescriptions (non-narcotic). Thrift Store sells clothing and household items at a reduced cost.

Shepherds Crossing

621 Humboldt Street Manhattan KS 66502

Hours: 10:00 am - 2:00 pm Tuesday

2:00 pm - 5:30 pm Thursday

785-776-1470 (see hours above) Phone: Email: director@shepherdscrossing.info Web: www.shepherdscrossing.info

Provides financial assistance with utility bills, rent, and

prescription drugs.

Social Security Administration

1121 Hudson Avenue Manhattan KS 66503

Hours: 9:00 am - 4:00 pm Monday - Friday, except

on Wednesday offices close at 12:00 pm

Phone: 1-877-840-5741 Web: www.ssa.gov

Provides information and assistance with disability

income and social security.

The Budget Shop

730 Colorado Street, Manhattan KS 66502

Hours: Open all year except month of July and

first half of August.

Noon - 3:00 pm Tuesday - Friday 10:00 am - 1:00 pm Saturday Accepts donations 9:00 am - 3:00 pm

Monday - Friday in the back.

Phone: 785-565-5010

Price varies with the items.

Provides a resource to purchase used and new clothing items for all ages during the school year. Accept vouchers

from other organizations.

The Guardians

Web: www.gafund.org

Providing access to funds for men with limited resources and immediate financial needs within the greater Manhattan area. They provide access to funds for essential services not met by traditional funding sources. Maximum grant amount is \$600.

Big Brothers Big Sisters, 785-776-9575 Boys and Girls Club, 785-539-1947 Catholic Charities, 785-323-0644 Circles of Manhattan, 785-477-2563 Flint Hills Community Clinic, 785-323-4351 Homecare and Hospice, 785-537-0688 Manhattan Emergency Shelter, 785-537-3113 NC Flint Hills Area Agency on Aging, 785-776-9294 Salvation Army, 785-539-9399 Shepherd's Crossing, 785-776-1470 Sunflower CASA Project, Inc. 785-537-6867 The Restoration Center, 785-537-8809

3 Rivers Inc

504 Miller Drive

PO Box 408, Wamego KS 66547-0408

Phone:

785-456-9915 or 1-800-555-3994

Web:

www.threeriversinc.org

reception@threeriversinc.org Email:

Provides independent living program and services: life skills training, employment preparation, information and referral of disability and elder related resources. Private pay attendant care for elderly and disabled. Serving Atchison, Brown, Clay, Doniphan, Geary, Jackson, Marshall, Nemaha, Pottawatomie, Riley, Wabaunsee, and Washington counties, as well as the Prairie Band Potawatomi Nation.

Thrive!

612 Poyntz Avenue, Manhattan KS 66502

Phone:

877-376-0032

Email:

director.thriveflinthills@gmail.com

Web:

www.thriveflinthills.com

FB:

facebook.com/thrivefh1/

Thrivel is working to reduce poverty by building skills and relationships that strengthen families and individuals. After an initial 10-week training, individuals living in poverty are matched with volunteers from the community to work as a team for 18 months to build the resources needed to improve their lives. The entire family is part of the process. Quality youth programming and a meal are also part of our weekly meetings.

UFM Community Learning Center

1221 Thurston Street Manhattan KS 66502

Hours:

8:30 am - Noon

1:00 pm - 5:00 pm Monday - Friday

Phone: Email:

785-539-8763

Web:

info@tryufm.org www.tryufm.org

Fees:

Depends on the course

Provides educational programs on a wide range of

topics.



Information compiled by: K-State Research and Extension -Riley County 110 Courthouse Plaza Room B220 Manhattan KS 66502 785-537-6350

Email: rl@listserve.ksu.edu Web: www.riley.ksu.edu

Facebook: www.facebook.com/rileycountyextension

Note: Many agencies require proof of income before they can offer assistance. Call in advance to find out what documents to bring with you.

Riley County, Kansas State University Agriculture Experiment Station and Cooperative Extension Service K-State, County Extension Councils, Extension Districts, and U.S. Department of Agriculture Cooperating. K-State Research and Extension is an equal opportunity provider and employer.

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